

Rabi ul Aakhir 1442



Rasoolullah ﷺ said:

“Take benefit of five before five: your youth before your old age, your health before your sickness, your wealth before your poverty, your free-time before your preoccupation, and your life before your death.”

(Haakim 7846)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 17 Nov	2 18 Nov	3 19 Nov	4 20 Nov	5 21 Nov
6 22 Nov	7 23 Nov	8 24 Nov	9 25 Nov	10 26 Nov	11 27 Nov	12 28 Nov
13 29 Nov	14 30 Nov	15 1 Dec	16 2 Dec	17 3 Dec	18 4 Dec	19 5 Dec
20 6 Dec	21 7 Dec	22 8 Dec	23 9 Dec	24 10 Dec	25 11 Dec	26 12 Dec
27 13 Dec	28 14 Dec	29 15 Dec	30 16 Dec			

- Sunnah to fast - Mondays and Thursdays
- Sunnah Hijaamah (Cupping) Days
- Sunnah to fast - Ayyaamul Beedh (The White Days 13/14/15)



WIFĀQUL 'ULAMA (SA)

ASSOCIATION OF SOUTH AFRICAN 'ULAMA

ASPIRING TO PRESERVE THE ESSENCE OF SUNNAH