

Shawwāl 1442

Sayyiduna Abu Ayyub Al-Ansari رضي الله عنه reports that Rasulullah ﷺ said: 'Whoever observes the fast of Ramadan, and follows it with six [fasts] in Shawwāl, [he] will be [rewarded] like the fast of the entire year.'

(Sahih Muslim, Hadith: 1164)



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 14 May	2 15 May
3 16 May	4 17 May	5 18 May	6 19 May	7 20 May	8 21 May	9 22 May
10 23 May	11 24 May	12 25 May	13 26 May	14 27 May	15 28 May	16 29 May
17 30 May	18 31 May	19 1 June	20 2 June	21 3 June	22 4 June	23 5 June
24 6 June	25 7 June	26 8 June	27 9 June	28 10 June	29 11 June	30 12 June

Eid-ul-Fitr

Sunnah to fast (Mondays and Thursdays)

Sunnah Hijaamah (Cupping) Days

Sunnah to fast (Ayyaamul Beedh - The White Days 13/14/15)



WIFĀQUL 'ULAMA (SA)

ASSOCIATION OF SOUTH AFRICAN 'ULAMA

ASPIRING TO PRESERVE THE ESSENCE OF SUNNAH