

Muharram 1444

Sayyiduna 'Abdullah ibn 'Abbas رضي الله عنه reports that Nabi صلى الله عليه وسلم said:
'Fast on the day of 'Aashura (tenth of Muharram) and oppose the Jews. Fast a day before it or a day after it'

[Sahih Ibn Khuzaymah, Hadith: 2174]



SUN	MON	TUE	WED	THUR	FRI	SAT
1 31 July	2 1 Aug	3 2 Aug	4 3 Aug	5 4 Aug	6 5 Aug	7 6 Aug
8 7 Aug	9 8 Aug	10 9 Aug	11 10 Aug	12 11 Aug	13 12 Aug	14 13 Aug
15 14 Aug	16 15 Aug	17 16 Aug	18 17 Aug	19 18 Aug	20 19 Aug	21 20 Aug
22 21 Aug	23 22 Aug	24 23 Aug	25 24 Aug	26 25 Aug	27 26 Aug	28 27 Aug
29 28 Aug	30 29 Aug					

■ Sunnah to fast (Mondays and Thursdays) ■ Sunnah Hijaamah (Cupping) Days

■ Sunnah to fast (10 Muharram - Āshurā) - Fast on 9th and 10th or 10th and 11th

■ Sunnah to fast (The bright days - 13,14,15)



WIFĀQUL 'ULAMA (SA)

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ASPIRING TO PRESERVE THE ESSENCE OF SUNNAH

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