

Sayyiduna 'Ibn Abbas 🕮 narrates that Rasulullah said:"There are no days when good deeds are better than during these days [the first ten days of Zhul Hijjah]". The Sahabah (radhiyallahu 'anhum) asked, "Not even Jihad?"

Rasulullah (sallallahu 'alayhi wa sallam) said, "Not even Jihad, except if a man goes out, endangering himself and his wealth, and is martyred and loses all his wealth" [Sahih Bukhari 969]

SUN	MON	TUE	WED	THUR	FRI	SAT
		1	2	3	4	5
		20 June	21 June	22 June	23 June	24 June
6	7	8	9	10	11	12
25 June	26 June	27 June	28 June	29 June	30 June	1 July
13	14	15	16	17	18	19
2 July	3 July	4 July	5 July	6 July	7 July	8 July
20	21	22	23	24	25	26
9 July	10 July	11 July	12 July	13 July	14 July	15 July
27	28	29	30			

Sunnah to fast (Mondays and Thursdays) Sunnah Hijaamah (Cupping) Days

Sunnah to fast (The bright days) Day of Arafah (Sunnah to fast)

18 July

Eidul Adha Days of Tashreeq (Not permissible to fast)



17 July

WIFĀQUL 'ULAMA (SA)

ASSOCIATION OF SOUTH AFRICAN 'ULAMA

ASPIRING TO PRESERVE THE ESSENCE OF SUNNAH

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