

MUSLIM ALL THE TIME



APPRECIATE YOUR FREE TIME

Nabi Sallallāhu 'Alayhi wa Sallam said: "There are two bounties in regards to which most people are at a great loss; good health and free time." (Bukhāri, 6412)

A concerted effort should be made that we use our time well by spending it in the Path of Allāh Ta'ālā, engaging in Dīni 'Ilm, sitting in the company of the pious, joining family ties, etc. At the very least, we should not squander it in the disobedience of Allāh Ta'ālā.



MAINTAIN THE SUNNAH DRESSING

The Sunnah dressing acts as a barrier and serves as a means of protection from sin. (Sayings of Ml Yunus Patel Rahimahullah)



ENSURE THE FOOD YOU EAT IS HALĀL AND TAYYIB (WHOLESOME)

The responsibility to eat Halāl lies on every person's shoulders. Nabi Sallallaahu Alayhi wa Sallam said: "A body which has been nourished with Harām will not enter Jannah. (Tirmidhi). Do not be duped by labels such as "Halāl-friendly" etc.



AVOID PLACES WHERE THE DISOBEDIENCE OF ALLĀH IS BEING CARRIED OUT

It is not appropriate for a Muslim to, without dire necessity, visit places where the disobedience of Allah is being carried out. Intermingling of males and females and immodest dressing are some of the common evils to be wary of.



DO NOT WASTE MONEY

In a time where Muslims are being subjected to atrocities in Palestine, Sudan and other parts of the world, our wealth that we usually spend on a holiday would be much better spent assisting them in whatever way possible.



STAY AWAY FROM CHRISTMAS AND NEW YEARS CELEBRATIONS

A Muslim is sensitive regarding his beliefs. The exchanging of gifts, watching fireworks displays, or even simply wishing them well on such occasions is tantamount to participation in their festivals. We should firmly abstain from such activities.



PROTECT THE GAZE

Allāh Ta'āla has declared in a Hadīth Qudsi, "Verily the lustful glance is a poisonous arrow from the arrows of shaytān. Whoever leaves the casting of lustful glances out of my fear, I will give him in return such Īmān, the sweetness of which he will taste and feel in his heart." (Kanz-ul-'Ummāl vol. 5 pg. 328)

