

Dhul Hijjah 1445

Sayyiduna Abu Hurayrah رضي الله عنه reports that Rasulullah صلى الله عليه وسلم said: “There are no days more beloved to Allah than He be worshipped in, than the [first] ten days of Dhul Hijjah, fasting each day of them is equivalent to fasting a year, and standing [in ‘ibadah] every night of them is the equivalent of standing on the Night of Qadr”

[Sunan Tirmidhi, Hadith: 758]



SUN	MON	TUE	WED	THUR	FRI	SAT
30 7 July						1 8 June
2 9 June	3 10 June	4 11 June	5 12 June	6 13 June	7 14 June	8 15 June
9 16 June	10 17 June	11 18 June	12 19 June	13 20 June	14 21 June	15 22 June
16 23 June	17 24 June	18 25 June	19 26 June	20 27 June	21 28 June	22 29 June
23 30 June	24 1 July	25 2 July	26 3 July	27 4 July	28 5 July	29 6 July

- Sunnah to fast (Mondays and Thursdays)
- Sunnah to fast (The bright days)
- Days of Tashreeq (Not permissible to fast)
- Sunnah Hijaamah (Cupping) Days
- Day of Arafah (Sunnah to Fast)
- Eid - ul - Adha



WIFĀQUL 'ULAMA (SA)

ASSOCIATION OF SOUTH AFRICAN 'ULAMA

ASPIRING TO PRESERVE THE ESSENCE OF SUNNAH

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