

# Muharram 1446

Sayyiduna Abu Hurairah رَضِيَ اللهُ عَنْهُ narrates that the Messenger of Allāh صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ said: “The most virtuous fasts after those in the month of Ramadan are those in the month of Allāh, Al-Muharram.”

Jami' at-Tirmidhi, Hadith: 740]



SUN	MON	TUE	WED	THUR	FRI	SAT
	1 8 July	2 9 July	3 10 July	4 11 July	5 12 July	6 13 July
7 14 July	8 15 July	9 16 July	10 17 July	11 18 July	12 19 July	13 20 July
14 21 July	15 22 July	16 23 July	17 24 July	18 25 July	19 26 July	20 27 July
21 28 July	22 29 July	23 30 July	24 31 July	25 1 Aug	26 2 Aug	27 3 Aug
28 4 Aug	29 5 Aug	30 6 Aug				

- Sunnah to fast (Mondays and Thursdays)
- Sunnah Hijaamah (Cupping) Days
- Sunnah to fast (The bright days - 13,14,15)
- Sunnah to fast (Āshurā) - Fast on 9th and 10th or 10th and 11th



## WIFĀQUL 'ULAMA (SA)

ASSOCIATION OF SOUTH AFRICAN 'ULAMA

**ASPIRING TO PRESERVE THE ESSENCE OF SUNNAH**

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