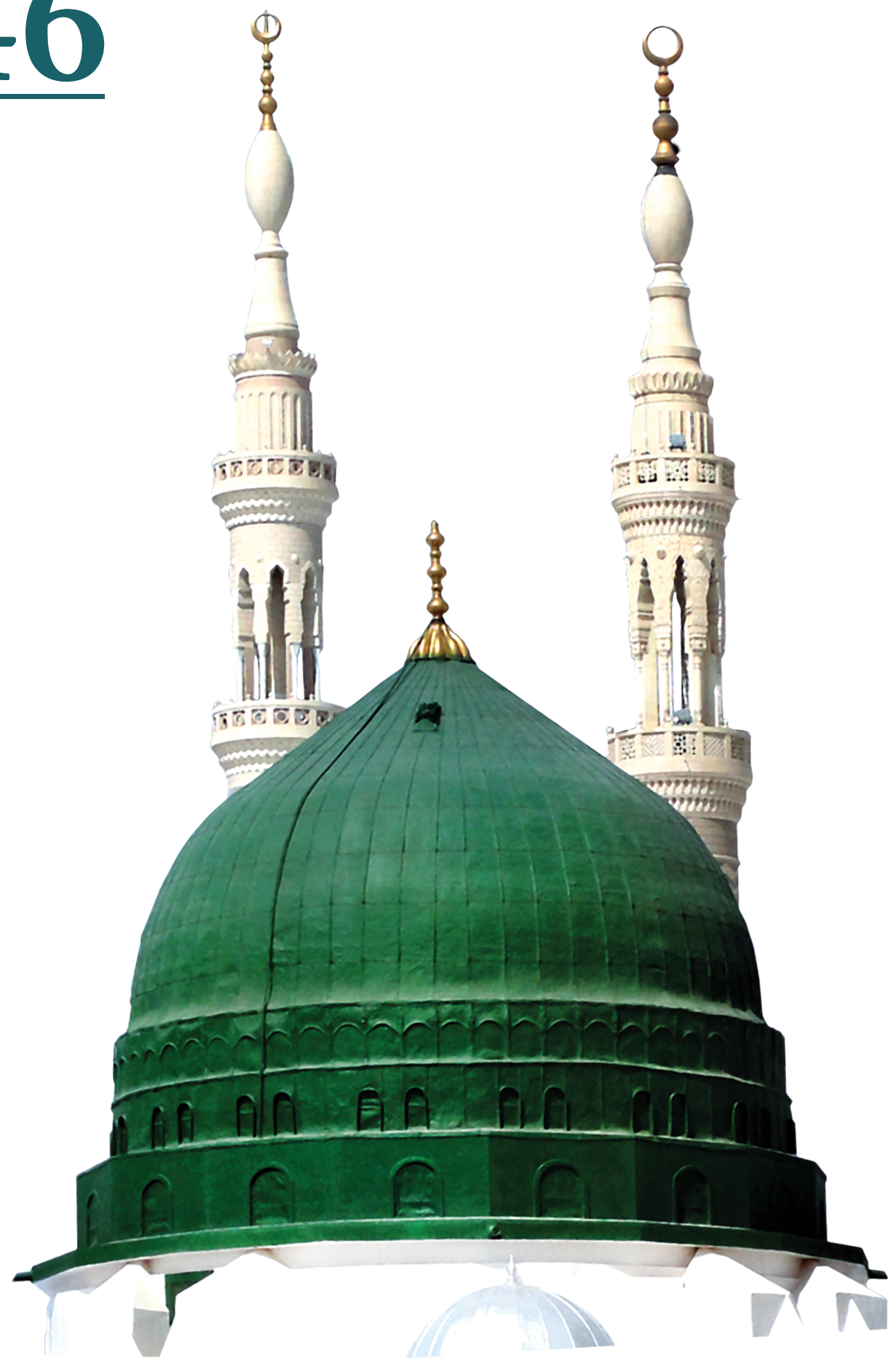


Safar 1446

Sayyiduna Farwah ibn Nawfal رَضِيَ اللهُ عَنْهُ reports that once he came to Nabi صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ and said,

"O Rasulullāh, teach me something that I may recite before going to bed."

Rasulullāh صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ said: "Recite Suratul Kāfiroon for verily it is a means of freedom from Shirk (ascribing partners unto Allah Ta'aala)." [Sunan Tirmidhi 3403]



SUN	MON	TUE	WED	THUR	FRI	SAT
		1 6 Aug	2 7 Aug	3 8 Aug	4 9 Aug	5 10 Aug
6 11 Aug	7 12 Aug	8 13 Aug	9 14 Aug	10 15 Aug	11 16 Aug	12 17 Aug
13 18 Aug	14 19 Aug	15 20 Aug	16 21 Aug	17 22 Aug	18 23 Aug	19 24 Aug
20 25 Aug	21 26 Aug	22 27 Aug	23 28 Aug	24 29 Aug	25 30 Aug	26 31 Aug
27 1 Sept	28 2 Sept	29 3 Sept	30 4 Sept			

 Sunnah to fast (Mondays and Thursdays)

 Sunnah Hijaamah (Cupping) Days

 Sunnah to fast (The bright days - 13,14,15)



WIFĀQUL 'ULAMA (SA)

ASSOCIATION OF SOUTH AFRICAN 'ULAMA

ASPIRING TO PRESERVE THE ESSENCE OF SUNNAH

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