





Consuming Halaal

It is our duty to ensure that we consume only Halaal. Nabi sallallaahu alayhi wa sallam taught us that a body nourished by Haraam is befitting the fire of Jahannum

Especially on the noble journey of Hajj, we should ensure that every morsel we consume is Halaal. Eating Halaal has a direct bearing on the acceptance of our Duas.

Nabi sallallahu alayhi wa sallam lamented the condition of a person who had travelled a long way, his hair dishevelled, his clothing full of dust, crying out to Allah, "O my Rabb, O my Rabb." Nabi sallallahu alayhi wa sallam explained, "His food is haraam, his clothing is from haraam sources, his conveyance was acquired through haraam means; how will his Dua be accepted?"

We are privileged to be able to stand in 'Arafah and make Dua. How foolish it would be to compromise the acceptance of our own Duas by eating Haraam!

Care should be taken when eating at restaurants and hotels, as many of them use imported chicken or meat, regarding which, at a minimum, significant doubts exist. In fact, studies have shown that many of these imported meats are totally Haraam and cannot be consumed. Machine slaughter is now promoted by some as Halaal, and there is no way of telling which outlets use such meat.

May Allah Ta'aala protect us from consuming Haraam and continue accepting our Duaas. Aameen